

ThinkPad T16 Gen 4 (Intel)

Engineered for high-paced professionals who operate beyond the confines of a desk, this laptop brings adaptive performance to every scenario. With up to Intel® U or H Series Core Ultra 7 Processor and up to 97 TOPS of AI performance, it accelerates workflows ranging from real-time data modeling in finance to AI-assisted rendering in creative fields. Optional Intel® Arc™ 140T graphics support fluid multitasking for engineers and designers, while up to 64GB DDR5 memory enables seamless transitions between resource-heavy applications, boosting productivity for professionals who demand power on the go.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

A 16" WUXGA display with optional multi-touch and 100% sRGB offers vivid detail and intuitive interaction, ideal for educators annotating presentations or architects reviewing visual drafts. A rich array of USB-A, USB-C®, DisplayPort™, and HDMI ports, combined with Intel® Wi-Fi® 7, ensures fast, flexible connectivity in any setting.

Up to 2TB M.2 2280 SSD provides ample, rapid-access storage for large project files. With Discrete TPM 2.0 and an optional fingerprint reader, data stays secure even across mobile work environments.

Designed for seamless web conferencing, it features stereo speakers with Dolby Audio™, a dual-microphone array, and up to a 5.0MP IR camera with privacy shutter and noise reduction for clear, secure, professional communication anywhere.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Return To Depot Repair Warranty

- No-hassle repair process at a Lenovo service center
- Lenovo pays for all shipping between the customer and service facility
- Avoid unplanned operational expense with a simple annual fee

Accessories

Lenovo Wired ANC Headset Gen 2

- Active Noise Cancellation
- Certified for Zoom and Microsoft Teams
- Inline Control Box with LED Indication



PN: Teams : 4XD1M45627, UC : 4XD1M39029

ThinkPad Bluetooth Silent Mouse

- Left/Right hand, easy-to-carry low profile mouse
- Switch between 2 devices with dual-host Bluetooth 5.0 connectivity
- 2-way scrolling with on-the-fly DPI adjustment (2400, 1600, 800)



PN: With Battery : 4Y50X88822 Without Battery : 4Y50X88823



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Performance

Processor
Intel U or H Series Core Ultra 5/7 Processor (Series 2)

AI PC Category*
AI PC

Operating System*
Windows 11 Pro or Home
Ubuntu Linux

NPU*
Integrated Intel AI Boost, up to 13 TOPS

Graphics¹
Intel Graphics (integrated)
Intel Arc 130T GPU (integrated)
Intel Arc 140T GPU (integrated)

¹Intel Arc graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.

Memory²
Up to 64GB DDR5-5600, 2x CSODIMM

²The max memory is based on the test results with current Lenovo memory offerings.

Storage³
Up to 1x 2TB M.2 2280 PCIe NVMe SSD

³The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*
High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array, 360° far-field, Dolby Voice*

Camera*
5.0MP, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, temporal noise reduction

Battery⁴
52.5Wh or 86Wh battery, up to 11.5 hr, Rapid Charge

⁴Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C nano GaN adapter, PD 3.0
65W USB-C slim GaN adapte
100W USB-C slim adapte

Design

Display⁵
16" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC
- 400nits, 45% NTSC, touch, Eyesafe
- 500nits, 100% sRGB, low power, Eyesafe
- 500nits, 100% sRGB, touch, ThinkPad Privacy Guard

⁵IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio
87.22%

Keyboard
6-row, spill-resistant, numeric keypad, Copilot Key, optional backlight

Touchpad
TrackPoint and glass-like Mylar surface 3-button Trackpad
67.7 x 115 mm (2.67 x 4.53 inches)

Dimensions⁶
Starting at 359.7 x 250.8 x 11.8/18.14 (front/rear), 23.5 (maximum) mm;
14.16 x 9.87 x 0.46/0.71 (front/rear), 0.93 (maximum) inches

⁶The system dimensions may vary depending on configurations.

Weight⁷
Starting at 1.76 kg (3.89 lbs)

⁷The system weight is approximate and may vary depending on configurations

Color
Black

Case material
PC + 20% CF (top), PC + 20% CF (bottom)

Connectivity

Ethernet*
Gigabit onboard Ethernet

WLAN + Bluetooth*⁸
Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3
Intel Wi-Fi 7 BE201, 802.11be, Bluetooth 5.4

⁸Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*
4G LTE CAT6 with embedded eSIM
5G Sub-6 GHz with embedded eSIM

NFC
Near Field Communication*

Ports
1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB PD 3.0 & DP 2.1
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Ethernet (RJ-45)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking
Docking support via Thunderbolt or USB-C

Security & Privacy

Security
ThinkShield
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter*
IR camera for Windows Hello (facial recognition)*
Privacy Guard with Privacy Alert*
Ultrasonic Human Presence Detection*

Manageability

System Management*⁹
Intel vPro Enterprise*

⁹Intel vPro offers a superset of DASH's defined capabilities

Environmental

Material
30% PCC recycled plastic on top cover
48% PCC recycled plastic used in display panel frame
90% recycled magnesium on keyboard frame cover
45% PCC recycled plastic on bottom cover of WWAN models
30% PCC recycled plastic on bottom cover of non-WWAN models
90% PCC recycled plastic used in speaker enclosure
90% PCC recycled plastic used in the battery frame
65% PCC recycled plastic used in keycap frame
85% PCC recycled plastic for backlit keycaps
70% PCC recycled plastic for non-backlit keycaps
90% PCC recycled plastic used in 65W and 100W adapters
100% Plastic Free One Lenovo Packaging

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2025 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.