

Lenovo Legion Tower 7i (34L, 10)

**Out-Play. Out-Perform.
Out-Pro.**

The Legion Tower 7i brings competition-grade power straight out of the box, featuring Intel® Core™ Ultra Desktop Processors (Series 2) processors, next-gen NVIDIA® RTX graphics, and ultra-fast PCIe Gen 5 SSDs. Designed for esports dominance and future expandability, it delivers unbeatable performance without the hassle of building—focus on what matters: winning.

WHY YOU SHOULD BUY THE LENOVO LEGION TOWER 7i (34L,10)



Intel® Core™ Ultra Desk- top Processors (Series 2)

Intel® Core™ Ultra processors deliver uncompromised performance and power efficiency for the enthusiast gamer and gaming content creator.



Beyond Fast

NVIDIA® GeForce RTX™ 50 Series GPUs are beyond fast for gamers and creators. Experience lifelike virtual worlds, ultra-high FPS gaming, revolutionary new ways to create, and unprecedented workflow acceleration.



Beyond Extreme Performance, Cooled In Silence

Achieve extreme performance with Legion Coldfront: Liquid cooling, keeping your system whisper-quiet during intense esports matches. Choose between liquid or air cooling to maintain peak performance, while an enhanced VRM heatsink prevents throttling. Push your CPU to the limit with higher Vcore for stable overclocking, ensuring faster frame rates and ultimate responsiveness.



Unlock Seamless Control and AI-Powered Gaming with Legion Space

Legion Space simplifies settings and device management across all Lenovo Legion devices. Save settings with Lenovo ID, update drivers, and sync ARGB lighting easily. Enjoy AI-driven tools like Game Coach, Game Clip Master, and Game Companion to enhance gameplay. The Game Store offers over 7,000 games with exclusive deals for Lenovo users.



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SPECIFICATIONS

Legion T7 34IAS10

PERFORMANCE

Processor

Intel® Core Ultra™ 9 – 285K 125W 24C (8+16)

24T 36M

Intel® Core Ultra™ 7 – 265K/KF 125W 20C

(8+12) 20T 30M

Operating System

Windows 11 Pro

Windows 11 Home

Non OS

Graphics

Up to NVIDIA® GeForce RTX™ 5080

Memory

DDR5-GREEN-5600 16G x1/x2

DDR5-GREEN-5600 32G x2

DDR5-GREEN-5600 32G x4 (tech ready)

Storage

1x 512GB-TLC, Gen4 Value. M.2 2280 SSD

1x/2x/3x 1TB-TLC, Gen4 Value. M.2 2280

SSD (3x tech ready)

1x/2x/3x 2TB-TLC, Gen4 Perf. M.2 2280 SSD

1x/2x/3x 4TB-TLC, Gen4 Perf. M.2 2280 SSD

(tech ready)

1x 2TB-TLC, Gen5 Perf. M.2 2280 SSD

Power Supply

1200W, 90% ES

850W, 90% ES

Motherboard

Intel® Arrow Lake Z890 (ATX)

DESIGN

Cooling

1.360mm ARGB Liquid Cooler with 3xFront

120ARGB Fan + 1x Rear 120ARGB Fan + 2xTop

120ARGB Fan

2.120mm ARGB Air Cooler + 3xFront 120ARGB

Fan + 1x Rear 120ARGB Fan + 2xTop 120ARGB Fan

3.120mm ARGB Air Cooler + 3xFront 120ARGB

Fan + 1x Rear 120ARGB Fan

Dimensions (W x D x H)

(H)477.4mm (W)211mm (D)415.1mm

Weight

18 kg MAX (39.7 lbs)

Color

Storm Grey

PRELOADED SOFTWARE³

- Legion Space
- Lenovo PC Manager
- McAfee® LiveSafe™
- XBOX Game Pass
- Microsoft 365 Trial

CONNECTIVITY

WLAN + Bluetooth

Wi-Fi® 6E, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3, M.2 card

Wi-Fi® 7, 802.11be 2x2 Wi-Fi® + Bluetooth® 5.4, M.2 card

Audio

7.1 Channel ALC1220 Codec with Nahimic Audio

I/O (Input/Output) Ports

Rear Ports

1x USB-A (USB 10Gbps / USB 3.2 Gen 2)

2x USB-A (Hi-Speed USB / USB 2.0)

4x USB-A (USB 5Gbps / USB 3.2 Gen 1)

1x DisplayPort™ 1.4

1x Ethernet (2.5GbE RJ-45)

1x Power connector

6x Audio connectors (with SPDIF)

1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps),

with USB PD 3.1 and DisplayPort™ 2.1

Top Ports

1x headphone / microphone combo jack (3.5mm)

1x USB-C® (USB 10Gbps / USB 3.2 Gen 2)

2x USB-A (Hi-Speed USB / USB 2.0)

1x USB-A (USB 5Gbps / USB 3.2 Gen 1)

LENOVO SERVICES

Premium Care²

Whether you need setup advice, a quick fix for your internet connection, resolve a software issue, or help to add a printer, Lenovo Premium Care has your back.

Legion Ultimate Support¹

Our gamer-centric 24/7 support is here to be your META - the Most Effective Tactic Available. Legion Ultimate Support is the extra boost you need to get 100% performance, 100% of the time.

Accidental Damage Protection

Protect your PC from accidental and liquid damage and enjoy complete peace of mind.

Lenovo Smart Performance

Boost your PC and internet performance, fix issues proactively, remove malware, and improve device security with Smart Performance.

Lenovo Smart Lock

Your personal computer and sensitive information need to remain secure no matter where it is in the world. Lenovo Smart Lock, powered by Absolute®, helps to locate, lock, better secure, and recover your stolen PC anytime, anywhere.

Lenovo CO₂ Offset Service

Lenovo CO₂ Offset Service gives you a simple and transparent way to offset your device's carbon emissions and make tangible contributions to the environment by supporting verified United Nations, CDM, Gold Standard®, and Climate Action Reserve climate action projects around the world.

LEGION ECOSYSTEM



Legion Pro 34WD-10 Monitor



Legion M600s Qi Wireless Gaming Mouse



Legion K500 RGB Mechanical keyboard



Legion S600 Gaming Station



Legion H600 Wireless Gaming Headset



Legion Gaming Control Mouse Pad XXL

McAfee® LiveSafe™

Register McAfee® to enjoy these benefits in your FREE 30-day trial.

- Award-winning Antivirus
- Multi-device Compatibility
- Password Manager
- Identity Theft Protection
- Safe Web Browsing
- Free Customer Support

¹ Available in NA, CAP (except South Korea), IN, JP only. Not available in EMEA, ANZ, and LAS.

² Legion Premium Care only available in markets where Legion Ultimate Support is currently not available (EMEA and ANZ).

³ Available in NA, CAP, IN, JP only. Not available in EMEA, ANZ, and LAS.

⁴ Exclusive to Towers preloaded with an operating system

* Example of Lenovo marketing catalogue naming convention

Legion
Sub-brand

T 7
Position

3 4 I A S 1 0
Screen size or volume (litre) Platform Generation



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