

# Dual-Monitor Arm | Synced Height Adjustment



Actual product may vary from photos

User Manual SKU#: ARMSLMBARDUO

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# **Warning Statements**

• Make sure that you assemble this product according to the instructions.

Do not exceed the weight capacity of this product. Overloading this
product might result in injury or property damage. This product can
support the following weight: 17.6 lb. (2 x 8 kg) per Monitor Mount.

 This product is intended for indoor use only and should not be used outdoors.

### Varningsmeddelanden

• Se till att du monterar produkten i enlighet med instruktionerna.

 Överskrid inte produktens viktkapacitet. Överbelastning av produkten kan orsaka skada på person eller egendom. Denna produkt har stöd för följande vikter: 2 x 8 kg.

Produkten är endast avsedd för användning inomhus och ska inte

användas utomhus.

#### **Avertissements**

Assemblez ce produit conformément aux instructions.

 Ne dépassez pas la capacité pondérale du produit. Une surcharge du produit peut entraîner des blessures ou des dommages matériels. Ce produit peut supporter 2 x 8 kg.

Ce produit est uniquement destiné à une utilisation en intérieur et ne

doit pas être utilisé à l'extérieur.

#### Warnhinweise

• Beachten Sie bei der Montage dieses Produkts die

Montageanweisungen.

 Überschreiten Sie nicht die Tragkraft dieses Produkts. Ein Überladen dieses Produkts kann zu Verletzungen oder zur Beschädigung des Produkts führen. Dieses Produkt ist für folgendes Gewicht geeignet: 2 x 8 kg.

Dieses Produkt ist nur zum Gebrauch in Innenräumen vorgesehen und

sollte nicht im Freien verwendet werden.

#### Dichiarazioni di avvertenza

Assicurarsi di Assemblare il prodotto secondo le istruzioni.

 Non superare la capacità di carico del prodotto. Il sovraccarico del prodotto potrebbe causare danni o lesioni. Il prodotto è in grado di supportare i seguenti pesi: 2 x 8 kg.



 Il prodotto è destinato all'uso in ambienti interni. Se ne sconsiglia l'impiego in ambienti esterni.

## Mensagens de aviso

- Certifique-se de que monta este produto de acordo com as instruções.
- Não exceda a capacidade de peso deste produto. Sobrecarregar este produto pode resultar em ferimentos ou danos de propriedade. Este produto pode suportar o seguinte peso: 2 x 8 kg.

 Este produto destina-se apenas a uma utilização no interior e não deve ser utilizado no exterior

#### Advertencias de uso

- Asegúrese de ensamblar este producto según las instrucciones.
- Asegúrese de no exceder la capacidad de peso de este producto. La sobrecarga de este producto puede causar lesiones personales o daños en la propiedad. Este producto tiene capicidad para el siguiente peso: 2 x 8 kg.
- El uso de este producto es solo para interiores y no debe utilizarse en exteriores.

#### Waarschuwingen

- Zora dat u dit product volgens de instructies in elkaar zet.
- Overschrijd de maximale capaciteit van dit product niet. Overbelasting van dit product kan letsel of materiële schade veroorzaken. Dit product ondersteunt het volgende gewicht: 2 x 8 kg.

 Dit product is alleen bedoeld voor binnengebruik en mag niet buiten worden gebruikt.

#### 注意

- 必ず取扱説明書に従って本製品の組み立てを行って下さい。
- 本製品で定められた最大積載重量を超えないようにして下さい。最大積載重量をオーバーした場合、怪我をする恐れや器物破損の恐れがあります。本製品は、モニター1台あたり2xx8kgまで支持できます。
- 本製品は、室内での使用を想定しています。戸外では使用しないで下さい。



# **Safety Statements**

## **Safety Measures**

- Wiring terminations should not be made with the product and/or electric lines under power.
- Cables (including power and charging cables) should be placed and routed to avoid creating electric, tripping or safety hazards.

#### Mesures de sécurité

- Les terminaisons de câblâge ne doivent pas être effectuées lorsque le produit et/ou les câbles électriques sont sous tension.
- Les câbles (y compris les câbles d'alimentation et de chargement) doivent être placés et acheminés de façon à éviter tout risque électrique, de chute ou de sécurité

## 安全対策

- ・・ 電源が入っている状態の製品または電線の終端処理を行わないでください。

#### Misure di sicurezza

- I terminiali dei fili elettrici non devono essere realizzate con il prodotto e/o le linee elettriche sotto tensione.
- I cavi (inclusi i cavi di alimentazione e di ricarica) devono essere posizionati e stesi in modo da evitare pericoli di inciampo, rischi di scosse elettriche o pericoli per la sicurezza.

## Säkerhetsåtgärder

- Montering av kabelavslutningar får inte göras när produkten och/eller elledningarna är strömförda.
- Kablar (iňklusive elkablar och laddningskablar) ska dras och placeras på så sätt att risk för snubblingsolyckor och andra olyckor kan undvikas.



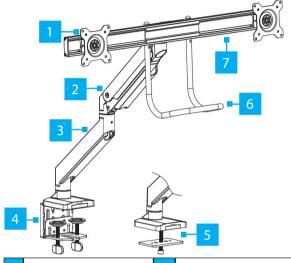
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# **Product Diagram**

## Front View

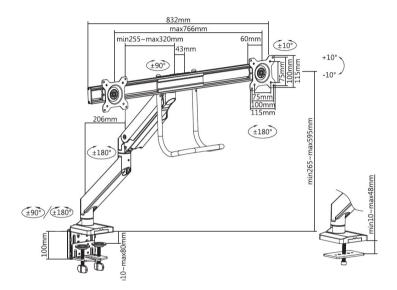


ı	1	VESA Mount x 2	5	Grommet Clamp
	2	Upper Arm	6	Grab Handle
	3	Lower Arm	7	Crossbar
	4	C-Clamp		

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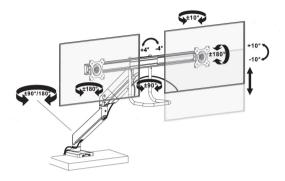
## **Product Dimensions**



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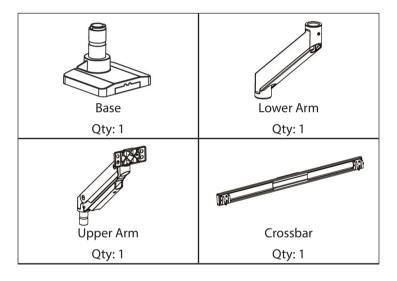
## **Product Rotation**



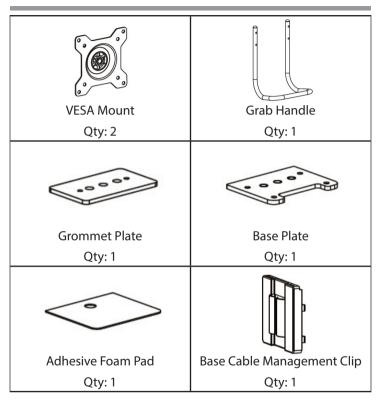


# **Product Information**

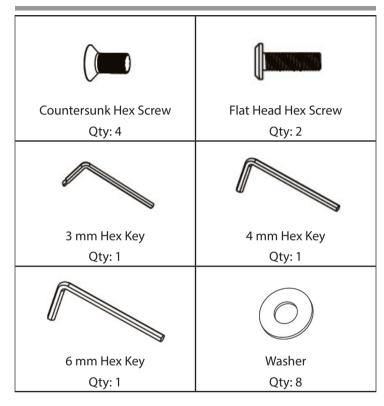
# **Package Contents**















M4 x 12 mm Screws Qty: 8



M5 x 12 mm Screws Qty: 8



Upper C-Clamp Qty: 1



Lower C-Clamp Qty: 1



Button Head Hex Screws Qty: 4



Grommet Screw Qty: 1



# **Technical Specifications**

VESA	75 x 75 100 x 100
O LB kg Weight	17.6 lb. (2 x 8 kg)
	Max. 32 "
Screen Size	
[3]	- 180° to + 180°
Rotation	



1	- 10° to + 10°
Tilt	
	- 10° to + 10°
Swivel	



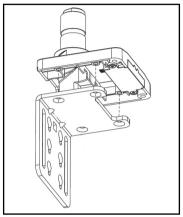
# Requirements

- · Phillips Head Screwdriver x 1
- Displays x 2



# Assembling the Monitor Mount Using the C-Clamp

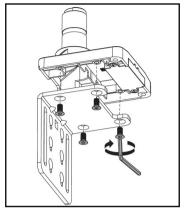
 Align the Screw Holes (x 4) on the top of the Upper C-Clamp with the Screw Holes on the bottom of the Base.



Aligning the Upper C-Clamp with the Base

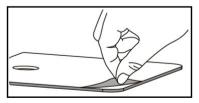
 Insert the Countersunk Hex Screws through the Screw Holes on the Upper C-Clamp and into the Screw Holes on the bottom of the Base.





Installing the Button Head Screws

- Using the 4 mm Hex Key tighten the Countersunk Hex Screws being careful not to over-tighten.
- 4. Remove the backing from the Adhesive Foam Pad.



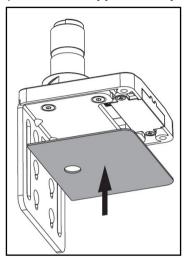
Removing the Adhesive Backing

5. Carefully apply the Adhesive Foam Pad to the bottom side

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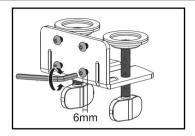
of the upper portion of the Upper C-Clamp.



Applying the Adhesive Foam Pad

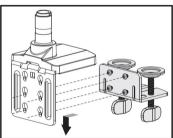
6. Using the **4 mm Hex Key**, loosen the four **Screws** on the back of the **Lower C-Clamp**.





Loosening the Screws on the Lower C-Clamp

 Insert the four Screws on the back of the Lower C-Clamp through the large portion of the Screw Holes on the back of the Upper C-Clamp. Slide the Screws down into the small portion of the Screw Holes.

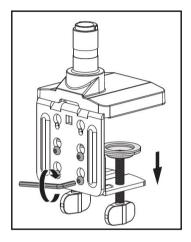


Attaching the Lower and Upper C-Clamp

Using the 4 mm Hex Key, tighten the four Screws, to create the C-Clamp Assembly.

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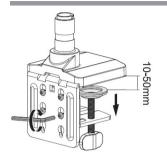


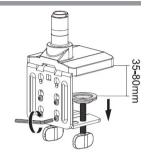


Tightening the Screws

 Depending on the thickness of the Mounting Surface, position the Screws in either the top four Screw Holes on the C-Clamp Assembly for a thickness range of 10 - 50 mm or the bottom four Screw Holes for a thickness range of 35 - 80 mm.



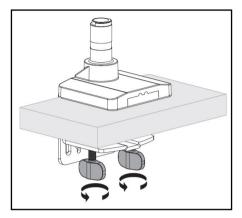




**C-Clamp Dimensions** 

- 10. Align the C-Clamp Assembly with the edge of the Mounting Surface.
- 11. Slide the C-Clamp Assembly over the edge of the Mounting Surface.
- 12. From underneath the Mounting Surface, tighten the two Thumb Screws at the bottom of the C-Clamp Assembly. Tighten the Thumb Screws until the C-Clamp Plate is pressed tightly against the bottom of the Mounting Surface.



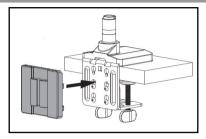


Securing the C-Clamp to the Mounting Surface

13. Gently push the Base Cable Management Clip into the back of the C-Clamp Assembly, securing the Base Cable Management Clip in place.

**Note:** Once you are finished using the **Hex Keys** they can be stored in the back of the **Cable Management Clip**.

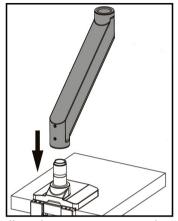




Installing Base Cable Management Clip

- 14. Align the bottom of the **Lower Arm** with the **Mounting Peg** on the **Base**.
- 15. Insert the bottom of the Lower Arm onto the Mounting Peg.

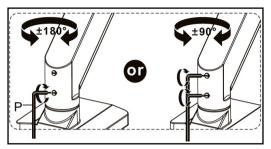




Installing the Lower Arm onto the Base

16. Use the Flat Head Screwdriver End on the 3 mm Hex Key to tighten the Screws on the Lower Arm. Tighten only the bottom Screw to allow the arm to rotate + or - 180°. Tighten both Screws to allow the arm to rotate + or - 90°.

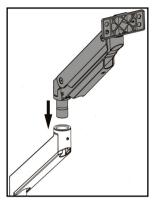




Setting the Arm Rotation

- 17. When the Lower Arm is attached to the Base. Align the Mounting Peg on the Upper Arm with the Mounting Hole on the Lower Arm.
- 18. Insert the Mounting Peg on the Upper Arm into the Mounting Hole on the Lower Arm.

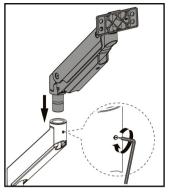




Installing the Upper Arm onto the Lower Arm

19. Use the Flat Head Screwdriver End on the 3 mm Hex Key to tighten the Screw on the Lower Arm.

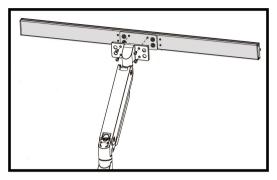




Securing the Upper Arm

20. Align the Screw Holes on the Crossbar (x 4) with the Screw Holes on the Mount on the Upper Arm.

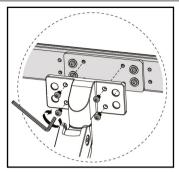




Aligning the Crossbar With the Upper Arm

- 21. Insert the Button Head Hex Screws through the Screw Holes on the Crossbar and into the Screw Holes on the Mount.
- 22. Using the 4 mm Hex Key, tighten the Button Head Hex Screws, being careful not to over-tighten.

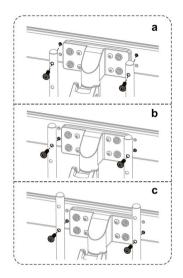




Securing the Crossbar to the Mount

23. Align the one of the Screw Holes on the Grab Handle with the top or bottom Screw Hole on the Crossbar. The Grab Handle can be mounted at three different heights depending on which Screw Holes you use on the Grab Handle and Crossbar.



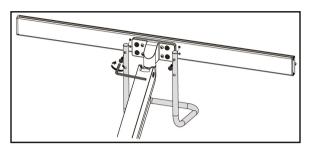


**Grab Handle Mounting Heights** 

- 24. Insert a Flat Head Hex Screw through one of the two Screw Holes on the Grab Handle and into one of the two Screw Holes on the Crossbar. The Flat Head Hex Screw location will determine the height of the Grab Handle.
- 25. Repeat steps 25 26 to install the second Flat Head Hex Screw.



26. Using the 4 mm Hex Key, tighten the two Flat Head Hex Screws, being careful not to over-tighten.

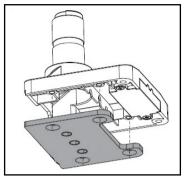


Installing the Grab Handle

# **Using the Grommet Mount**

 Align the Screw Holes (x 4) on the Base Plate with the Screw Holes on the bottom of the Base.

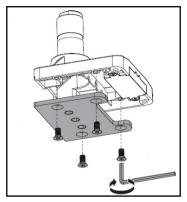




Aligning the Base Plate with the Base

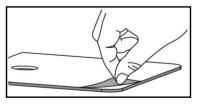
 Insert the Countersunk Hex Screws through the Screw Holes on the Base Plate and into the Screw Holes on the bottom of the Base.





Installing the Button Head Screws

- Using the 4 mm Hex Key tighten the Countersunk Hex Screws being careful not to over-tighten.
- 4. Remove the backing from the Adhesive Foam Pad.



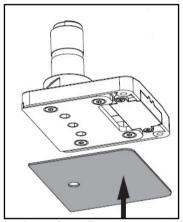
Removing the Adhesive Backing

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Carefully apply the Adhesive Foam Pad to the bottom side of the Base Plate.

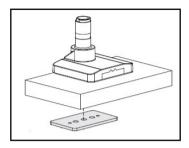
**Note:** The hole in the **Adhesive Foam Pad** should be closest to the rear edge of the **Base.** 



Applying the Adhesive Foam Pad

- Align the Grommet Hole on the bottom of the Base with the Grommet Hole on the Mounting Surface.
- From underneath the Mounting Surface, align the center hole on the Grommet Plate with the Grommet Hole on the Base.

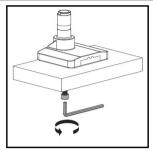




Aligning the Grommet Plate

- Insert the Grommet Screw through the Grommet Plate and Grommet Hole and into the Grommet Hole on the Base.
- Use the 6 mm Hex Key to tighten the Grommet Screw until the Grommet Plate is pressed tightly against the bottom of the Mounting Surface.

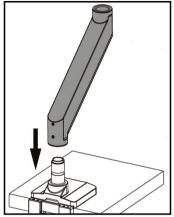




**Tightening the Grommet Screw** 

- 10. Align the bottom of the Lower Arm with the Mounting Peg on the Base.
- 11. Insert the bottom of the **Lower Arm** onto the **Mounting Peg**.

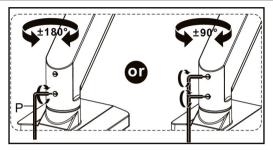




Installing the Lower Arm onto the Base

12. Use the **Flat Head Screwdriver End** on the **3 mm Hex Key** to tighten the **Screws** on the **Lower Arm**. Tighten only the bottom **Screw** to allow the arm to rotate + or - 180°. Tighten both **Screws** to allow the arm to rotate + or - 90°.

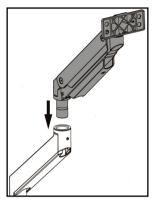




Setting the Arm Rotation

- 13. When the Lower Arm is attached to the Base. Align the Mounting Peg on the Upper Arm with the Mounting Hole on the Lower Arm.
- 14. Insert the Mounting Peg on the Upper Arm into the Mounting Hole on the Lower Arm.

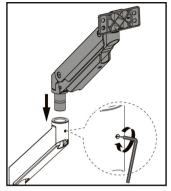




Installing the Upper Arm onto the Lower Arm

15. Use the Flat Head Screwdriver End on the 3 mm Hex Key to tighten the Screw on the Lower Arm.

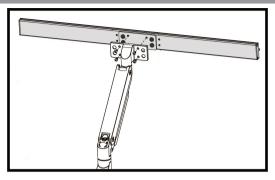




Securing the Upper Arm

16. Align the Screw Holes on the Crossbar (x 4) with the Screw Holes on the Mount on the Upper Arm.

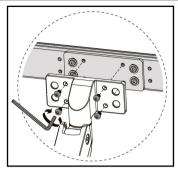




Aligning the Crossbar With the Upper Arm

- 17. Insert the Button Head Hex Screws through the Screw Holes on the Crossbar and into the Screw Holes on the Mount.
- 18. Using the 4 mm Hex Key, tighten the Button Head Hex Screws, being careful not to over-tighten.

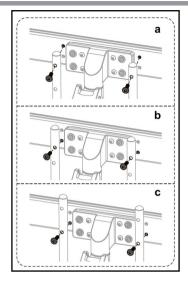




Securing the Crossbar to the Mount

19. Align the one of the Screw Holes on the Grab Handle with the top or bottom Screw Hole on the Crossbar. The Grab Handle can be mounted at three different heights depending on which Screw Holes you use on the Grab Handle and Crossbar.



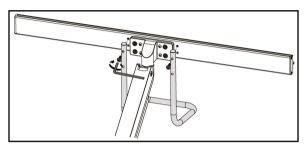


**Grab Handle Mounting Heights** 

- 20. Insert a Flat Head Hex Screw through one of the two Screw Holes on the Grab Handle and into one of the two Screw Holes on the Crossbar. The Flat Head Hex Screw Location will determine the height of the Grab Handle.
- 21. Repeat steps 19 20 to install the second **Flat Head Hex Screw**.



22. Using the 4 mm Hex Key, tighten the two Flat Head Hex Screws, being careful not to over-tighten.



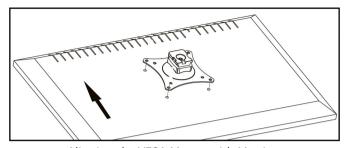
Installing the Grab Handle

### **Mounting the Monitors**

- 1. Place the **Monitor** screen side down on a flat, clean surface.
- (Optional) Remove any Screws or Place Holders from the VESA Mounting Holes on the back of the Monitor.
  - **Note:** Be careful not to remove any of the **Screws** holding the **Monitor's Casing** together.
- Align the Screw Holes on the VESA Mount with the VESA Mounting Holes on the back of the Monitor. The VESA Mount can support 75 x 75 or 100 x 100 mounting pattern.
  - **Note** When attached, the **Notch** on the **VESA Mount** should be along the bottom edge of the **Monitors**.

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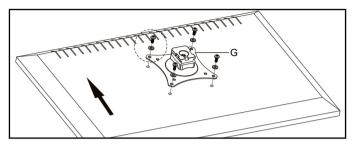


Aligning the VESA Mount with Monitor

- Select the appropriate hardware for mounting the VESA Mount to the back of the Monitor either M4 x 12 mm, M5 x 12 mm, or customer sourced screws.
- Insert the appropriate Screws through the Screw Holes on the VESA Mount and into the VESA Mounting Holes on the back of the Monitor.
- Using a Phillips Head Screwdriver (or appropriate screwdriver) tighten the screws.

**Note:** Do not over-tighten the **Screws**. If you encounter resistance while you're tightening the **Screws**, stop tightening. Failure to do so could result in damage to the **Monitor**.





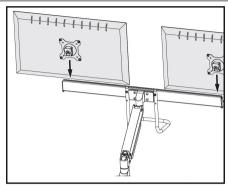
Installing the VESA Mount

Repeat steps 1 - 6 to install the VESA Mount of the second Monitor.

**Note:** It is recommended that two people mount the **Monitors** onto the **Crossbar**.

 While supporting the weight of the Monitor, align the VESA Mount on the back of the Monitor with the VESA Holder on the Crossbar.

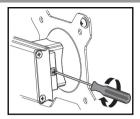




Sliding the Monitor Over the VESA Holder

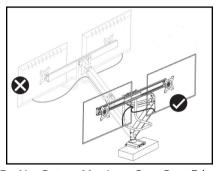
- 9. Slide the **VESA Mount** down overtop of the **VESA Holder**.
- 10. While holding the Monitor in place, use a Phillips Head Screwdriver to tighten the VESA Mount Adjustment Screw on the side of the VESA Mount.





Tightening the VESA Mount

- 11. Repeat steps 8 10 to mount the second Monitor.
- 12. Do not rotate the **Monitors** over the rear edge of the **Mounting Surface** as this will create a tipping hazard with potential for equipment or personal damage.



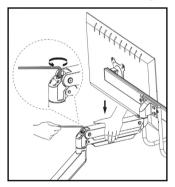
Do Not Rotate Monitors Over Rear Edge

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# **Adjusting the Spring Arm Tension**

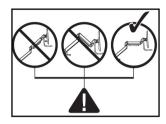
- Using your hand push downward on the Upper Arm holding it in place.
- Use the 6 mm Hex Key to rotate the Adjustment Screw located at the base of the Upper Arm clockwise (decreasing tension) or counter clockwise (increasing tension).



Adjusting the Spring Arm Tension

The **Upper Arm** (spring arm) should only be placed in a horizontal position.



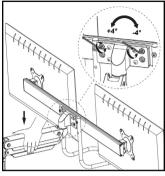


Correct Upper Arm Position

### **Adjusting the Rotation**

- Use the 4 mm Hex Key to loosen the four Screws on the back of the VESA Mount.
- 2. Adjust the rotation of the Crossbar +4° or -4°.
- 3. Use the 4 mm Hex Key to retighten the four Screws.



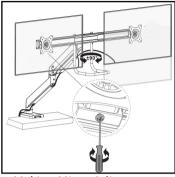


Adjusting the Tilt

### **Making Micro-Adjustments**

- While holding the Monitor in place, use a Phillips Head Screwdriver to loosen the VESA Mount Adjustment Screw on the side of the VESA Mount.
- Using a Phillips Head Screwdriver adjust the Micro-Adjustment Screw on the bottom of the VESA Mount.





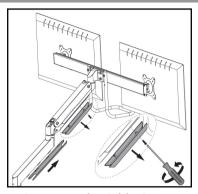
Making Micro-Adjustments

 When the Monitor is in the desired position, tighten the VESA Mount Adjustment Screw on the side of the VESA Mount.

## **Routing the Cables**

- Using a Phillips Head Screwdriver, remove the Screw from the Cable Cover, located underneath the Upper Arm and unhook the Retention Hook to remove the Cable Cover.
- Slide the Cable Cover on the Lower Arm up in order to remove the Cable Cover.

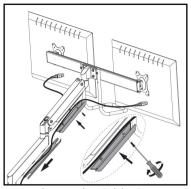




Removing the Cable Covers

- Route the Monitor Cables down the inside of the Upper Arm, on either side of the Screw Holes on the Cable Cover.
- Replace the Screw removed in step 1 and hook the Retention Hook, securing the Cable Cover to the Upper Arm.
- Route the Monitor Cables down the inside of the Lower Arm.





Replacing the Cable Covers

Slide the Cable Cover down the inside of the Lower Arm to secure it.



#### Warranty Information

This product is backed by a five-year warranty.

For further information on product warranty terms and conditions, please refer to <a href="https://www.startech.com/warranty">www.startech.com/warranty</a>.

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